

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie 🍷 Served with Gravy	Beef Bolognese 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Stir Fried Vegetable Rice 🌱 🍷 🍷	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🍷 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾					
All main meals are served with two vegetables					
DESSERT	Beetroot Brownie	Crispy Crackle Bar with Fruit 🍌	Carrot, Orange and Sultana Slice 🍌	Original Flapjack	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza ♻️ 🌱 Served with Potato Wedges	Turkey Con Chilli 🌱 🍷 Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake 🌱 Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetarian Cottage Pie ♻️ 🍷 Served with Gravy	Macaroni Cheese ♻️	Cheesy Leek and Carrot Crumble ♻️ 🍷 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🌱 ♻️ Served with Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
DESSERT	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings	Jacket Potatoes ♻️ 🍷 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard ♻️	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake ♻️	Strawberry Ice Cream

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Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
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♻️ Vegetarian
 🐟 Oily Fish
 🌱 Wholegrain
🍏 Fruity!
 🍷 Nutritionist's Choice

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza ♻️ 🌱 Served with Potato Wedges	Cottage Pie 🍷 Served with Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🍷 🍷 Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla ♻️ 🍷 🍷 Served with Wholegrain Rice	Cauliflower Macaroni Cheese ♻️ 🍷 🍷 Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast ♻️ 🍷 Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables ♻️ 🍷 🍷 Served with Wholegrain Rice	Crispy Quorn Nuggets ♻️ Served with Chips
DESSERT	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake 🌱	Strawberry Jelly	Banana Cake 🌱	Pineapple Upside Down Cake with Custard	Chocolate Ice Cream with Shortbread Biscuit

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♻️ Vegetarian
 🐟 Oily Fish
 🌱 Wholegrain
🍏 Fruity!
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