

Dear Parent / Guardian,

RE: Chartwells Medical Diets

Welcome to Chartwells Medical Diets!

Here at Chartwells the safety of your children is our number one priority. We understand the importance of ensuring that pupils with medical diets can continue to enjoy a safe, balanced meal alongside their peers in school.

Our robust medical diet policy and staff training programme ensures that our teams operate to a strict safety standard. Here at Chartwells transparency is key and we have many supportive documents available to help give parents more information on how we keep your children safe when eating with us including;

- ✓ Medical Diet Policy
- ✓ Medical Diet Parents Guide
- ✓ Medical Diet Request Form
- ✓ Medical Diet Menus
- ✓ Allergy Reports
- ✓ Nutrient Counts

We believe following a Chartwells medical diet menu is the safest option for children with confirmed medical dietary requirements and have two menu options available

Option 1 – Allergy Aware Menu

- ✓ Suitable for all pupils with food allergies and intolerances to 14 EU allergens.
- ✓ Aligns to the main school menu

Option 2 – Bespoke Menu

- ✓ Suitable for children with food allergies and intolerances to individual ingredients

If you would like your child to follow a Chartwells medical diet menu, please complete the **Chartwells Medical Diet Request Form** and submit this back to your school along with **supporting medical evidence** as well as a **passport sized photo** of your child for identification purposes at mealtimes. Once the menu is ready, we will send back to you to obtain **parental approval** before serving your child.

We are proud to have a dedicated medical diet team of nutritionists who are available all year round and happy to support with any questions or queries you may have; the team can be contacted at,

chartwells.medicaldiets@compass-group.co.uk

For further information or to obtain a copy of any of our documents please do not hesitate to get in touch.

Kind Regards,

The Chartwells Medical Diet Team