



KIRFS Judaism for Autumn term 2023

Judaism is a worldwide religion and people who follow it are called Jews. Jews believe in **one, all powerful God**.

Judaism began in **Israel**. Israel is called the Holy Land by Jews. Jerusalem, in Israel, is called the Holy City.

Shabbat (or Sabbath) is the Jewish day of worship. It begins on Friday evening and ends on Saturday evening. This is a day of rest when Jewish people will go to worship.

Jewish people believe that you should pray three times a day – in the **morning, afternoon** and **evening**. They give thanks, praise God or ask God for something.