



KEA SCHOOL

PERSONAL, SOCIAL, HEALTH and ECONOMIC EDUCATION (PSHE) POLICY

Approved by:	Full Governors	Date: October 2022
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Last reviewed on:	August 2022
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Next review due by:	Spring Term 2025
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Signed by:	Name:
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Links to other relevant documents: Relationships and Sex Education, Teaching and Learning Policy, Safeguarding Policy. Confidentiality Policy. Equality and Diversity Policy. Staff Handbook, Child Protection Policy, Behaviour, Antbullying and Attendance Policies. Science and RSE Policies. CPD policy.

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1. Vision

At Kea Community Primary School our Personal, Social, Health and Economic Education (PSHE) enables our children to become healthy, independent and responsible members of society. Our vision is for them to develop personally and socially; tackling many of the moral, social and cultural issues that they will be part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life. Kea School is a 'great place to learn and make friends' helping every child to reach for their successful futures.

2. Rationale

- 2.1 PSHE and Citizenship education is currently a non-statutory subject. However, section 2.5 of the national curriculum asserts that all state schools 'should make provision for personal, social, health and economic education (PSHE)'.
- 2.2 The PSHE Association states that, 'PSHE education contributes to schools' statutory duties outlined in the Education Act 2002 and the Academies Act 2010 to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding.' We have reviewed the three core areas from the PSHE Association Programme of Study (as signposted by the DfE) ensuring that high quality, accessible PSHE education is available throughout our school. These areas are: Health and Wellbeing; Relationships and Living in the Wider World.
- 2.3 In addition, the Relationships and Health and Wellbeing areas of PSHE and Citizenship education have been compulsory in primary schools since September 2020. We believe PSHE and Citizenship education is an important and necessary part of all pupils' education.
- 2.4 At Kea School, it is a key element of school life and, as well as explicit teaching sessions which will draw on good practice and national recommendations, it will be built into many aspects of the wider curriculum. Our school believes PSHE and Citizenship education is a shared responsibility of school staff, parents, carers, children and, where appropriate, the wider community.

3. Statutory Responsibilities

- 3.1 PSHE and Citizenship education is currently a non-statutory subject. However, section 2.5 of the national curriculum asserts all state schools 'should make provision for personal, social, health and economic education (PSHE)'.

4. Aims

At Kea School PSHE aims to explore the knowledge and understanding children need to stay safe, be happy and healthy and fulfil their potential, while also preparing them for life, both in the present and future. It also aims to equip children with the skills they need to live successfully as citizens of the communities to which they belong and enables them to celebrate diversity and treat all people with kindness and respect.

PSHE in our school also aims to encourage children to develop positive mental health and emotional wellbeing, by empowering them with the knowledge of why this is important and how it can be achieved. We want to educate the whole child through our PSHE education and believe this positively impacts the individual, the school community, the wider community and the global community - both present and future.

- 4.1 All aims are taught through the three core areas of PSHE and Citizenship education, which are: Health and Wellbeing, Relationships and Living in the Wider World. All lessons will cover content in an age-appropriate manner.

- Health and Wellbeing lessons will explore physical wellbeing, healthy lifestyles, mental health, growing and changing, keeping safe and drugs, alcohol and tobacco.
- Relationships lessons will explore families and close positive relationships, friendships, managing hurtful behaviour and bullying, safe relationships and respecting self and others.
- Living in the Wider World lessons will explore our shared responsibilities, communities, media literacy and digital resilience and economic wellbeing (money and aspirations, work and career) and British Values.

- 4.2 PSHE will be delivered in a way which is accessible to and inclusive of all pupils. These lessons will involve a variety of teaching methods and interactive activities to encourage pupil engagement. We aim to create a safe and supportive climate for learning in which all children can thrive, feel able to ask questions and discuss issues openly.

All of our children will participate in weekly or fortnightly timetabled PSHE lessons and these will be taught by teachers or HLTAs who are trained in delivering the specific content of the lessons.

Ground rules will be established in class and children will be reminded regularly of these. Special consideration will be given when teaching particularly sensitive content; staff will be fully aware of the children in their class and how they might relate to the lesson content, providing extra support to enable participation.

Each class has a question box which gives pupils the option of writing down their questions and receiving an answer on a one-to-one basis, rather than in front of the whole class. Distancing techniques will be employed in all PSHE lessons, meaning that children are able to engage with and explore issues deeply without having to discuss their own lives and experiences.

5. Principles

We use the Twinkl Life PSHE and Citizenship education scheme of work throughout school years 1 to 6. This scheme of work and all of its resources have been produced to be fully in line with the Learning Outcomes and Core Themes outlined in the 2020 PSHE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools.

The EYFS work to the standards in the PSED area of their curriculum, details of which can be found in the curriculum policy. To give a breadth and depth to our curriculum, we use additional resources, visitors and members of our community to support the Twinkl Life schemes when it is appropriate.

6. Teaching and Learning and the Curriculum

Twinkl Life is taught in three modules Relationships, Health and Wellbeing, Living in the Wider World, each having four sub-units. See below how we ensure coverage between KS1 and KS2.

Kea School Proposed PSHE Yearly Overview using Twinkl Life

Website: Twinkl – Planning – Scroll down to Twinkl Life
Staff drive: Curriculum – PSHE – Twinkl Life

YF continue to follow Christopher Winter Project

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1, 3, 5	TEAM	Diverse Britain	Think Positive	Money Matters	Be Yourself	It's My Body
2, 4, 6	VIPs	One World	Safety First	Aiming High	Digital Well Being	Growing Up
Assembly Value TBC	Respect	Hope	Perseverance	Creativity	Friendship	Responsibility

KPI Coverage

Health and Wellbeing
Living in the wider world
Relationships

- 6.1 PSHE will be taught by the class teacher or higher-level teaching assistant in each year group. Each person will be supported through training and continuing professional development.
- 6.2 See Twinkl Life Progression of Skills document and Progression of Vocabulary for details of how we build on the skills taught in each year group.
- 6.3 Opportunities are provided for children to ask questions appropriately in every class.
- 6.4 Our arrangements for consulting with pupils is regular self-reflection and discussion about their learning and enable them to raise additional learning they feel is needed; we will also consider what has been learned and how it can be implemented successfully in school.
- 6.5 As part of our curriculum monitoring, our children are asked how they feel about the way PSHE is taught at Kea School on an annual basis. Key action points learnt through our monitoring and evaluation will be fed into our self-evaluation process.
- 6.6 **Resources**

Our main resource is Twinkl Life (a comprehensive scheme from Y1 to Y6).

Resources to teach PSHE include fiction, reference books, leaflets and extracts from videos.

6.7 Answering Questions

Ground rules are essential to provide an agreed safe environment for asking and answering sensitive or difficult questions. At Kea School we follow the Ready, Respectful and Safe rules and share the respect that we are speaking in confidence when questions and answers are discussed during these sessions. The rules are reviewed at the beginning of each session.

We also facilitate the use of an anonymous question box as a distancing technique. All children have the opportunity to write a question on a piece of paper and post it in the box. The teacher reviews the question during discussion time. All questions are answered or fed in to the next lesson.

Teachers will endeavour to answer questions and provision will be made to meet the individual child's needs where necessary.

7. Special Educational Needs

- 7.1 Teaching and resources will be differentiated as appropriate to address the needs of these children in order for them to have full access to the content of lessons. This will be done following discussion with parents of the individual child, and where appropriate, following specific advice from professional agencies such as education psychology or speech and language therapy (RSE, DfE, 2019, p.48).

8. The role of parents and wider community

- 8.1 We greatly value our parents and carers; we believe that their understanding of PSHE and Citizenship and what their children will be learning is vital in gaining optimum outcomes.

Before each unit is started, the school will provide overviews about the unit on class website pages.

Parent and carers information evenings will be held and surveys distributed to discuss the teaching of more sensitive content.

Parents and carers are invited to view this policy and our curriculum at any point. We are committed to following government guidance on the rights and responsibilities of parents and carers concerning PSHE and Citizenship education.

9. Confidentiality

- 9.1 Staff conduct PSHE lessons in a sensitive manner and in confidence. However, if a child makes a reference or disclosure about being involved, or likely to be involved, in sexual activity, then the member of staff will take the matter seriously and will follow child protection procedures. (See also Relationships and Sex Education Policy, Safeguarding and Child Protection Policy.)

10. The role of the Headteacher

- 10.1 It is the responsibility of the headteacher to ensure that both staff and parents are informed about our PSHE policy, and that the policy is implemented effectively. It is also the headteacher's responsibility to ensure that members of staff are given sufficient training, so that they can teach effectively and handle any difficult issues with sensitivity.