



On your marks ...

Find a place to work - a quiet place if you can, with a table and chair.

Get your equipment ready (exercise book, pen/pencil - you can write with anything, ruler - be organised like you would be at school).

Get set ...

Choose either maths or literacy to start the day with.

Write the date and title and underline them (DUMTUMS!).

Go! ...

1. Do your independent tasks for the session.
2. Complete the daily activities for the session.



Suggested timetable

Breakfast

Literacy - everything from the literacy section in your class plan

Break - snack, outside (e.g. run round the garden)

Maths - everything from the maths section in your class plan

Lunch - break

Reading - 20/30 minutes of independent reading

Afternoon - Foundation subjects from your class plan

Tips for carers



- You're in charge - as in a normal school day, school work needs to be completed before down time (e.g. before treats/playing outside/electronic devices).
- Make sure your child understands the activity for the session, then leave them to work independently - checking in with them every so often.
- If your child is finding the work too difficult, have a look at work from the year group below.
- If your child is finding it hard to concentrate - have a break, have a drink or snack - then start again.
- Most children won't be able to concentrate for more than 20/30 minutes without some kind of variation in task or brain break.
- Many of the regular tasks should be able to be carried out independently - they shouldn't need to have you sitting next to them all the time.

